



PIERCE COUNTY COUNSELORS
— ASSOCIATION —

ANNUAL MEMBER MEETING

May 17, 2024 at 9:30 a.m.

Come have coffee with us and vote in our
new Council Members!

Trinity Presbyterian Church | 1615 6th Ave, Tacoma 98405

Presentation Follows 10:00-11:30 (1.5 CEUs)

IMPROVE CLIENT OUTCOMES, BECOME A BETTER THERAPIST & DECREASE BURNOUT WITH DELIBERATE PRACTICE

Presented by
Sandra Killebrew, MA, LMFT (UT),
LMFTA (WA)



Sandra Killebrew has a Master of Arts in Counseling from St. Edwards University. She is a LMFT in Utah and LMFTA in Washington. She worked with a certified Deliberate Practice Coach in 2023 and uses Deliberate Practice (DP) in peer consultation, supervision and her own independent skills practice. She is working towards her DP Coach certification from the International Deliberate Practice Society. She also uses Feedback Informed Treatment (FIT) in her private practice and combine FIT with DP. She plans to publish her client outcomes on her website in 2025, when she has enough data to share.