

OCTOBER 20, 2023
10:00 - 11:30 AM

DOORS OPEN AT 9:30 FOR COFFEE AND CONNECTING

1.5
CEUs



PIERCE COUNTY COUNSELORS
ASSOCIATION

WHEN THINGS FALL APART: HELPING CLIENTS UNDERSTAND THE PROCESS OF MEDICAL TRAUMA

PRESENTED BY MAGGIE EASTMAN, MA, LMFTA

Maggie holds an MA in MFT from Pacific Lutheran University and currently practice at Horizon View Health in Puyallup. She also attended the certificate program at Seattle Pacific University for Medical Family Therapy. Maggie has a passion for working with clients that have been diagnosed with cancer and their loved ones, caregivers, and medical professionals/ first responders. She is a three-time cancer survivor and understands firsthand the toll a cancer diagnosis takes, as well as the relief that can be found through integrated medical and systems approach therapy.

Maggie has been seeing clients in private practice for four years, and saw many cancer patients via zoom through covid. Studies show cancer patients receiving mental health therapy regularly are more compliant with treatment plans and have fewer psychosomatic visits, highlighting the importance of medical professionals and mental health professionals working together for whole person care.



LEARNING OBJECTIVES

- Learn and understand Hill's ABCX theory of family stress and how it applies specifically to clients being seen for trauma/stress due to medical diagnosis
- Learn and understand the diagram for the theory and replicate it in session to help clients better understand where they are and find direction
- Gain knowledge about how to speak to clients around medical diagnosis trauma in a way that helps them find what they can control and how to use that as a goal.

Live Event
In person &
on Zoom

TRINITY PRESBYTERIAN CHURCH /
BRYANT NEIGHBORHOOD CENTER
1615 6TH AVE | TACOMA 98405

Free for Members
\$20 for non members

This workshop has been approved for 1.5 CEUs by the Washington Chapter of the National Association of Social Workers (NASW) for LICSWs and Associates, LMFTs and Associates, and LMHCs and Associates.

PCCA provider number is 1975-277.

www.pccawa.org